



BABY'S FIRST EQUIPMENT

BABY'S FIRSTS OUTFIT

- ☐ 5-8 bodysuits
- ☐ 5-8 rompers
- ☐ 5-8 shirts
- ☐ 3-5 socks
- ☐ 3-4 cotton pyjamas
- ☐ 2-3 sleeping bags (thickness depending on season)
- ☐ 2 jackets (one thin and one thick)
- ☐ 2 hats (one thin and one thick)
- ☐ 1-2 mittens if necessary

BABY CARE

- ☐ Changing table
- ☐ Changing mat
- ☐ Changing mat cover
- ☐ Nappies
- ☐ Nappy pail
- ☐ Baby bath tub
- ☐ Washcloth
- ☐ Baby nail clippers and baby brush
- ☐ Baby wrap and hooded towels



- ☐ Bath and clinical thermometer
- ☐ Diaper cream
- ☐ Nurturing cream
- ☐ Wet wipes
- ☐ Cleansing wash gel
- ☐ Nourishing baby bath oil
- ☐ Soothing baby oil
- ☐ Nourishing baby body lotion
- ☐ Sunscreen

SLEEPING AND LIVING

- ☐ Cot, co-sleeper, bassinet or cradle
- ☐ Mattress
- ☐ Mattress protector (waterproof)
- ☐ Fitted sheet
- ☐ Bed linen
- ☐ Pillow
- ☐ Baby nest
- ☐ Conopy
- ☐ Musicmobile
- ☐ Cuddly toys
- ☐ Cuddly wool or cotton blanket
- ☐ Baby monitor
- ☐ Night lamp



- ☐ [Playpen](#)
- ☐ [Playpen accessories](#)
- ☐ [Baby bouncer](#)
- ☐ [Rocking chair](#)

MEALS

- ☐ [High chair](#) with newborn insert
- ☐ [Dummy](#)
- ☐ [Dummy chain](#)
- ☐ [Thermos bottles](#)
- ☐ [Tea bottles](#)
- ☐ [Bottle brush](#)
- ☐ [Burp cloths](#)
- ☐ [Steriliser](#) for bottles and teats

BABY'S BOTTLE

- ☐ [Bottle](#)
- ☐ [Teat](#)
- ☐ [Bottle warmer](#)



BREASTFEEDING

- ☐ [Nursing pillow](#)
- ☐ [Nursing pads](#)
- ☐ [Nipple cream](#)
- ☐ [Breast pump](#)
- ☐ [Nursing caps](#)
- ☐ [Nursing bras](#)
- ☐ Breast [milk storage](#) accessoires

ON THE WAY

- ☐ [Pram + accessories](#)
- ☐ [Baby car seat + Isofix base + accessories](#)
- ☐ [Baby carrier or sling](#)
- ☐ [Travel cot](#)
- ☐ [Changing bag](#)
- ☐ [Changing mat](#)

